



Group Mentoring

## Become a Mentor!

### Overview

The LINKS Mentoring Program is seeking adult volunteer mentors to become positive role models for students at Hickey and North Area Jr/Sr High Schools and Calvine and Kinney Continuation High Schools.

This mentoring program is unique because it offers ongoing support to mentor/protégé matches by providing staff-facilitated, structured mentoring sessions each week. The mentor/protégé matches benefit from group interaction and one-to-one time and can always rely on staff to bring ideas for fun and meaningful interaction.

Mentors meet with their protégés for one hour each week. The mentoring sessions consist of group activities, combined with one-to-one time for mentors and protégés. The meetings and activities focus on specific themes, including Career Exploration/Job Seeking Skills, Interpersonal/Life Skills, Financial Savvy and Money Management, Community Service/Service Learning projects, Health and Wellness, and Planning for the Future. A program staff member is assigned to each school and facilitates each group mentor session, providing organized activities, materials and support.

We are seeking adult mentors to participate during the 2011-12 school year. You may commit to one semester or a full school year. Mentoring sessions occur during the school day, usually mid-morning or early afternoon. Participating students have expressed a desire to work with a mentor to help them prepare for life after high school and have completed an application and orientation process.

### 2011-12 School Year – Available Schools and Mentoring Sessions

- ✓ **Calvine High School** – Mentoring Sessions Wednesdays, 10:35 to 11:30 a.m. and 2:35 to 3:30 p.m.  
8333 Vintage Park Drive, Sacramento 95828
- ✓ **Elinor Hickey Jr/Sr High School** – Mentoring Sessions Thursdays, 11:45 a.m. to 12:45 p.m.  
2040 Ethan Way, Sacramento 95825
- ✓ **Kinney High School** –Mentoring Sessions Wednesdays, 10:45 to 11:45 a.m.  
2710 Kilgore Road, Rancho Cordova 95670-6104
- ✓ **North Area Jr/Sr High School** –Mentoring Sessions Tuesdays, 10:30 – 11:30 a.m.  
4000 Pinell Street, Sacramento 95838

### How to Become a Mentor

- ✓ Request an application packet by contacting  
Lindsay Cathcart at (916) 228-2565 or lcathcart@scoe.net  
Ryan Miranda at (916) 228-2412 or rmiranda@scoe.net
- ✓ Schedule and attend an interview/orientation meeting
- ✓ Complete background check and TB test and receive clearance
- ✓ Attend a brief mentor training
- ✓ Be matched with a student at the school site convenient to you
- ✓ Attend mentor sessions once per week as scheduled

For businesses, service groups and other organizations, please call Cheryl Raney at 228-2201 for more information or to schedule a presentation.